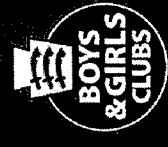




Up for a challenge? Then the 100 Mile Canoe Test is for you!
Minimum age is 14 and everyone from beginners to experienced paddlers are welcome. Beginners will be required to attend an induction day before the event, there will then be a training day for all paddlers.

Closing date for entries 29/04/15. For a booking form, go to:
<http://essexboysandgirlsclubs.org/events.html>
or contact:
afsheenp@essexboysandgirlsclubs.org

- Cost: £80 (includes training, travel, food and all equipment)
- When: Friday 22nd - Tuesday 26th May 2015
- Meet: 11am on Friday 22nd May
@ Stubbers Adventure Centre (RM14 2TY)
- Route: The River Severn
- Base: Bridgnorth, Shropshire
- Training: Saturday 9th May 2015 (Chelmsford to Maldon)
- Beginners: Induction: Sunday 3rd May 2015 @ Stubbers



www.essexboysandgirlsclubs.org
Charity No: 301447